

# Community Forums

## Mental Health in a Global Pandemic

The global COVID pandemic has created rupture and fragmentation in the community on many levels, whether it is within an individual, a family or the broader community.

These Community Forums are committed to being a platform that will promote community cohesion, providing information and connectedness as we journey together in these unprecedented times.

You are welcome to attend, either in person or remotely, all Forums or the one/s that are of particular interest to you.

### Thursday 24 March 2022

Mental Health and Wellbeing

- **Dr George Halasz**, Consultant Child and Adolescent Psychiatrist
- **Dr Izaak Lim**, Consultant Infant and Child Psychiatrist
- **Jade McLoney**, Mental Health Social Worker and Clinical Therapist

### Thursday 5 May 2022

Adolescent Mental Health

- **Dr Claire Cody**, Child and Adolescent Psychiatrist, Director at The Village Clinic
- **Dr Jacinta Bleaser**, Clinical Psychologist
- **Deb Mountjoy**, National Family and Friends Clinical Advisor, Headspace

### Thursday 26 May 2022

Anxiety and Depression

- **Dr Olivia Rimington**, previously a GP, currently a Psychiatry Registrar
- **Michelle Gopold**, Clinical Psychologist and Director of Hobsons Bay Psychology

### Thursday 9 June 2022

Drugs, Alcohol and Gambling Issues

- **Dr Vicky Phan**, Addiction Psychiatrist, Turning Point
- **Jack Nagle**, Director, Real Drug Talk, (The lived experience)

Westgate Health Co-operative Community Forums received funding from the Victorian Government through the West Gate Tunnel Project's West Gate Neighbourhood Fund.



Facilitated by

**Dr Ben Chia**  
Psychiatrist

with keynote speakers  
and panel

**Time:** 7:00-9:00pm

**Online:** Unique link sent

**In-Person:**

Spotswood Kingsville RSL  
59 The Avenue, Spotswood

**Bookings Essential**

<https://bit.ly/33OFz4a>

